

## TALK

1. Gather in the name of the Father, Son & Holy Spirit. Share your highs/lows. Read John 16:16-22 & 1 Thessalonians 4:13-18. What strikes you as you read?
2. How does our culture's view of suffering affect how people often responds to it? How has it affected you?
3. How do Jesus' words in these verses reassure the disciples despite the pain and suffering to come? What confident assurance does Jesus give in John 16:20 regarding the disciples' sorrow? How is this also true of all who hope in Jesus?
4. What encouragement do you find in knowing Jesus knows your emotions, pains, worries, & fears? According to Heb 4:15-16, what does Jesus' entry into our pain & suffering secure for those who believe?
5. How does looking to the cross & empty tomb encourage & cultivate joy during difficult circumstances for you?
6. What concerns do you have about facing trials, adversity, or suffering? Do you feel you can bring those feelings to God or before your brothers & sisters in Christ?
7. How does this passage encourage you as you wait for Jesus' return?

## READ

Sunday	Revelation 7:9-10	Thursday	2 Corinthians 7:1
Monday	Colossians 1:11-13	Friday	1 John 3:1-3
Tuesday	Daniel 7:27	Saturday	Revelation 21:3-4
Wednesday	Isaiah 25:6-9	<b>MEMORIZE</b>	Psalms 34:22

## PRAY

**PRAISE GOD** that he is our ultimate source of hope.

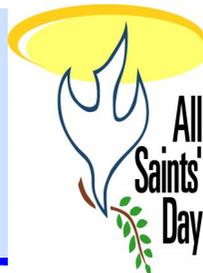
**THANK JESUS** that his resurrection is also  
your resurrection.

**ASK THE HOLY SPIRIT** to show you the people  
who need to hear of Jesus' eternal love for them.

## BLESS

*Make the sign of the cross on each other as you say:*

(Name), † child of God,  
Life in Christ is your future today!  
Amen.



# Growing PRAISE

EVERY NIGHT...EVERY HOME...THE MOST IMPORTANT THINGS IN LIFE

ALL SAINTS' SUNDAY

6 - 12 November 2022

## VERSE of the week — John 16:22

**So you have sorrow now,  
but I will see you again;  
then you will rejoice,  
and no one can rob you of that joy.**

## TABLE GRACE

**Let us pause before we eat,  
to think about  
the ones in need  
of food and shelter,  
and of love.  
Please bless us all  
dear God above.  
Amen.**

## 5 POINT CHECK UP

1. Share your highs (good times) and lows (bad times)
2. Read a verse from the Bible.
3. What do you find "best" in the text? What is most confusing or hard to understand? What does God want you to do ?
4. Pray for one another (Praise God, Thank Jesus, Ask the Holy Spirit).
5. Bless one another.

## THOUGHT for the week:

"God welcomes our laments...nothing is more freeing than knowing God understands.

When we are in pain, God feels the sting himself. Our frustrations & questions do not fluster him. He knows them all. He wrote the book on them. More astoundingly, he invites us to come air our grievances before him." — Joni Eareckson Tada

Living Water Fellowship, Wagga Wagga

Come...Grow...Go...Show



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